

GIRLS TRACK RECORDS

100 Dash	E. Piekarczyzk	12.60	2008
200 Dash	Megan Wetselaar	28.63	2011
400 Dash	Megan Wetselaar	1:04.43	2011
800 Run	Megan Wetselaar	2:30.90	2011
1600 Run	Sarah Lentini	6:03.45	2011
3200 Run	Sarah Lentini	12:52.82	2011
100 Hurdles	Kristen Zeilenga	15.80	2011
300 Hurdles	Angela Schurman	49.23	2010
4 x 100 Relay	K. Zeilenga, A. Ridder M. Wetselaar, A. Schurman	56.46	2010
4 x 200 Relay	Long, Piekarczyzk Turngren, Zandstra	2:01.88	2005
4 x 400 Relay	K. Zeilenga, A. Hubers, S. Lentini, M. Wetselaar	4:29.20	2011
4 x 800 Relay	A. Ridder, A. Schurman M. Wetselaar, A. Hubers	12:21.24	2010
Long Jump	Kristen Zeilenga	14' 11 3/4"	2011
High Jump	Kristen Zeilenga	5'0"	2011
Discus	Angela Schurman	104'5"	2010
Shot Put	Danielle Zuidema	32' 1/4"	2011
Triple Jump	A. Hubers	25'7"	2004

BOYS TRACK RECORDS

100 Dash	A. Johnson	11.64	2005
200 Dash	Matt Schurman	24.18	2011
400 Dash	James Handtke	54.80	2011
800 Run	Andrew DeBoer	2:16.01	2008
1600 Run	R. Handtke	5:00.12	2005
3200 Run	K. Maatman	11:45.50	2007
110 Hurdles	James Handtke	17.54	2011
300 Hurdles	James Handtke	43.04	2011
4 x 100 Relay	J. Zeldenrust, J. Zandstra, J. Epley, A. Johnson	49.07	2004
4 x 200 Relay	A. Johnson, R. Handtke, J. Zeldenrust, J. Epley	1:42.15	2004
4 x 400 Relay	James Handtke, V. Lentini, Justin Handtke, I. DeVries	3:47.56	2011
4 x 800 Relay	S. Wetselaar, R. Handtke, K. Maatman, E. Swanson	9:26.00	2006
Long Jump	Matt Schurman	20'6 3/4"	2011
High Jump	Matt Schurman	6'3"	2011
Discus	Dirk Oudman	100'8"	2010
Shot Put	Dirk Oudman	36'2"	2010
Triple Jump	Neal Schering	30'6"	2004