



# OCTOBER | 2017

## Covenant Christian High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> Hot Dogs w/ Chili Au Gratin Potatoes Cucumbers & Dip Granola Bar	<b>3</b> Salisbury Steak Potatoes & Gravy Cooked Carrots Oatmeal Raisin Cookie	<b>4</b> Homemade Pizza Doritos Raw Cauliflower & Dip Pineapple	<b>5</b> Cold Ham Buns Tator Tots California Blend w/ Cheese Banana	<b>6</b> Chicken Patty Potato Salad Corn Sugar Cookie
<b>9</b> Chicken Alfredo Garlic Toast Peas Yogurt Cup	<b>10</b> BBQ Pork Mac & Cheese Celery & Dip Oreo Dessert	<b>11</b> Tacos Meat, Cheese Lettuce, Tomatoes Rice Pilaf Sherbet	<b>12</b> Tator Tot Casserole Italian Bread Mandarin Oranges Brownie	<b>13</b> Pizza Puffs Potato Chips Carrots & Dip Chocolate Chip Cookie
<b>16</b> Chicken Rice Casserole Rolls & Butter Green Beans Rice Krispie Square	<b>17</b> Shrimp Poppers Pretzels Baked Beans Chocolate Cake	<b>18</b> Beef Stew French Bread Watermelon Chocolate Chip Bar	<b>19</b> No School	<b>20</b> No School
<b>23</b> Chicken Nuggets Curly Fries Broccoli & Dip Pudding	<b>24</b> Pizza Cheese Curls Carrots & Dip Chocolate Chip Cookie	<b>25</b> Spaghetti Cheese Breadstick Applesauce Apple/Peach/Cherry Crisp	<b>26</b> Bacon Chicken Club Corn Chips Mixed Fruit Ice Cream Sandwich	<b>27</b> Hamburgers Potato Smiles Broccoli & Cheese Pears
<b>30</b> Teriyaki Chicken Rice Green Beans Chocolate Caramel Cake	<b>31</b> Nachos Meat, Cheese Lettuce, Tomatoes Ice Cream Cup	Mostaccioli Plain Breadstick Peas Oranges	Pizzaburgers Potato Chips Cauliflower & Dip Peaches	Chicken Tender Wraps Potato Wedges Sliced Cucumbers M & M Cookie

**News**

**EVERY DAY CHOICES:**

**Fresh Fruit**  
**Cottage Cheese**  
**Lettuce Salad**  
**Bread & Butter**  
**Peanut Butter**