



# JANUARY | 2018

## Covenant Christian High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Happy New Year!	2	3	4	5
8 Mini Corndogs Au Gratin Potatoes Corn Oranges	9 Tacos Meat, cheese Lettuce, Tomatoes Rice Pilaf Sherbet	10 Cold Ham Bun Potato Salad Carrots & Dip M & M Cookie	11 Teriyaki Chicken Rice Peas Granola Bar	12 Chicken Wild Rice Soup/ Chili Cheese Sandwich Mandarin Oranges Rice Krispie Square
15 Grilled Chicken Patty/ Fish Patty Potato Smiles Cooked Carrots Chocolate Chip Bar	16 Salisbury Steak Potatoes & Gravy Green Beans Yogurt Cup	17 Pizza Puff Pretzels Cucumbers & Dip Brownie	18 Mexican Lasagna Cauliflower & Dip Applesauce Sugar Cookie	19 Club Sandwich Corn Chips California Blend w/ Cheese Banana
22 Swedish Meatballs Scalloped Potatoes Corn White Cake	23 Chicken Rice Casserole Celery & Dip French Bread Jell-o	24 Chicken Nuggets Broccoli & Dip Curly Fries Chocolate Chip Cookie	25 Nachos Meat, Cheese Lettuce, Tomatoes Ice Cream Sandwich	26 Bacon Chicken Club Broccoli & Cheese Doritos Tropical Fruit
29 Chicken Noodle Casserole Rolls & Butter Peas Oatmeal Raisin Cookie	30 Hot Dog w/ Cheese Baked Beans Potato Chips Dream Pie	31 Sloppy Joes French Fries Carrots & Dip Mixed Fruit		

### News EVERY DAY CHOICES:

**Fresh Fruit**  
**Cottage Cheese**  
**Lettuce Salad**  
**Bread & Butter**  
**Peanut Butter**