



AUGUST | 2017

Covenant Christian High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
7	8	9	10	11
14	15 Grilled Chicken Patty Carrots & Dip Tator Tots Peaches	16 Sloppy Joes Corn Chips Celery & Dip Chocolate Chip Cookie	17 Chicken Rice Casserole Plain Bread Stick Green Beans Brownie	18 Hot Dog w/ chili French Fries Baked Beans Tropical Fruit
21 Nachos Meat, Cheese Lettuce, Tomatoes Sherbet	22 Chicken Alfredo Corn Italian Bread Sugar Cookie	23 Cold Ham Bun Potato Salad Cucumbers & Dip Banana	24 Teriyaki Chicken Rice Peas Granola Bar	25 BBQ Pork California Blend W/ Cheese Potato Chips Pineapple
28 Tator tot Casserole Rolls & Butter Applesauce Rice Krispie Square	29 Chicken Patty Au Gratin Potatoes Cooked Carrots Oreo Dessert	30 Shrimp Poppers Mac & Cheese Raw Broccoli & Dip Mandarin Oranges	31 Spaghetti Garlic Toast Green Beans Oranges	

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EVERY DAY CHOICES:

Fresh Fruit
Cottage Cheese
Lettuce Salad
Bread & Butter
Peanut Butter